



**Pre-Travel Health Consultation and History Form**

This form allows our medical providers to determine what you'll need (i.e. vaccinations, etc.) and/or if scheduling an appointment will be necessary prior to travel, based off your health history. Please submit this form along with your Request for Travel Immunizations for University Business form submitted **6 weeks** prior to travel and faxed to the UEOHC at 919-966-6337.

**Important Note:** this form is to be completed and signed by the traveling employee only.

**Purpose of Trip:** *check all that apply*

Business      Education      Research      Medical Care      Other

*If other, please explain:*

**Trip Destination(s)**

**Important Note:** Each city & country to be visited **must** be listed, including **stopovers** and/or **layovers**.

City	Country

**Departure Date:**

Urban      Rural      Remote      Beach      High Altitude

City	Country

**Departure Date:**

Urban      Rural      Remote      Beach      High Altitude

City	Country

**Departure Date:**

Urban      Rural      Remote      Beach      High Altitude



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**Traveling Employee's Personal Information**

Name (First, MI, Last)

PID

Email Address

Best Contact Number

**Department Information**

Department Name

Department Phone Number

Position Title

Campus Box Number

**Health History**

Do you have any chronic health problems for which you take medication on a regular basis to see a health care provider?

**Yes**

**No**

*If yes, please explain:*

Are you currently being treated for any health problems? *If yes,*

**Yes**

**No**

*please explain:*



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**Allergies**

Medication(s) ? **Yes** **No**

*If yes, please explain:*

Reaction to Vaccine(s)? *If* **Yes** **No**

*yes, please explain:*

Egg or Other Food? *If* **Yes** **No**

*yes, please explain:*

Bee Stings? **Yes** **No**

*If yes, please explain:*

Animals? **Yes** **No**

*If yes, please explain:*

Environmental (*pollens, dust, hay fever, etc.*)? **Yes** **No**

*If yes, please explain:*

Have you ever experienced anaphylaxis (severe allergic reaction)? **Yes** **No**

*If yes, please explain:*



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**Medications**

Please list all prescribed and over-the-counter medications and supplements you use:

Medication/Supplement	Reason for Use
Medication/Supplement	Reason for Use
Medication/Supplement	Reason for Use
Medication/Supplement	Reason for Use
Medication/Supplement	Reason for Use

**Females Travelers Only**

Are you currently or are you trying to become pregnant? **Yes** **No**

**Travel Background**

Have you traveled internationally in the past? **Yes** **No**

*If yes, please list the approximate date (year, preferably) of travel and destination, respectively:*

Destination	Date
Destination	Date
Destination	Date
Destination	Date



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**Additional Comments/Notes:**

\_\_\_\_\_  
Traveling Employee's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
UEOHC Medical Provider's Signature

RN

PA

MD